

# **Boca Keep In Step**

A Study Group of Al-anon Steps and Traditions

**Our Lady of Lourdes Church**

**Room 212**

**22094 Lyons Road**

**Boca Raton, FL 33428**

**Thursday Night 7PM to 8PM**

**Starting March 4th, 2010**

**Wheelchair Accessible**

Study of these Steps is essential to progress in the Al-Anon program. The principles they embody are universal, applicable to everyone, whatever his personal creed. In Al-Anon, we strive for an ever-deeper understanding of these Steps, and pray for the wisdom to apply them to our lives

**Using Al-Anon's Steps  
in Our Personal Lives**

