

SUGGESTED INSTITUTION GUIDELINE

- 1) Moment of silence followed by the Serenity Prayer
- 2) Read Preamble to the 12 steps
- 3) Read a favorite page from CAL literature
- 4) Share a little bit of what brought you to Al-anon and how the program is working in your life today.
- 5) Open up for questions
- 6) Suggest getting to 6 beginner meetings.

Each institution should have meeting lists and free pamphlets they can hand out.

We are not therapists. Our mission is to introduce Al-anon to the family and friends of the in-patient clients and suggest they attend Al-anon beginner meetings.