
March 2017

The Pipeline

Al-Anon Newsletter

Area 10, District 170

Working Step Three

Recently, I've been stressed and some old character defects have been showing up. The Step 3 section of *How Al-Anon Works* states, "We know that our old self-reliance and determination have let us down again and again."

Here again, I learn this more deeply.

Each time I discover that I am revisiting insanity, I am gifted the opportunity to also re-experience Step 3, and the relief of placing my being in the care of a Power greater than myself. Delightfully, and to my surprise (because I forget), each and every resolution I seek has a spiritual basis. More than that, I can consistently reconnect with Higher Power through self-care, and in this process I cease pushing my own ideas (forcing solutions), and I become aware of options I didn't know existed.

The kind provisions of HP don't stop there though. In time, I find a feeling of peace or gentle inspiration guiding me to the next action. I am so very grateful Al-Anon teaches me how *real* living works!" ~ Sheena

Step 3: Made a decision to turn our will and our lives over to the care of God as we understood Him.

Submit content! Get The Pipeline electronically! Contact Pipeline170@gmail.com



Upcoming Events

March 31

Men's Friday Night AFG Anniversary Celebration

Speakers and Refreshments
6:30 PM – 8:30 PM
Boca Raton Community Ctr
150 Crawford Blvd
Boca Raton, FL 33432

Everyone welcome: Wives, girlfriends, children, etc. No cats, dogs, or horses. ☺

April 1-2

Camp Al-Anon

Sat 8:00 AM – Sun 11:00 AM
Duncan Conference Ctr
15820 S. Military Tr.
Delray Beach, FL 33484

\$140 Overnight
\$70 Day Camp
Includes meals & refreshments
Call 201-913-8543 for more info

April 8

District 170 Business Meeting

Sat 10:00 AM
Unity Church
101 NW 22nd St
Delray Beach, FL 33444

All Al-Anon members welcome to attend!

What Is Camp Al-Anon?

Psst, s'mores are involved.

"Part of my recovery today from the family disease of alcoholism includes learning how to play and have fun." ~Hope for Today

We are so lucky in District 170! We have so many wonderful opportunities for fun and fellowship in our recovery and one of THE MOST FUN opportunities, Camp Al-Anon, is just around the corner: both time-wise, and location-wise: Camp Al-Anon is being held this year on the weekend of April 1st and 2nd (no fooling!), at the Duncan Center in Delray Beach.

For members who have never attended, it is a day, or weekend, of fun-filled workshops, activities, crafts, games, a campfire, a singalong, and lots of s'mores! It's a chance to see old friends and make new ones. It's like summer camp, but for grownups. And delicious, healthy meals are provided, too!

Please contact Luci P. at 201-913-8543 for additional information, or see the flyer in this month's issue of the Pipeline. This year's theme is "The Serenity Garden." Hope to see you there!

Love,
The 2017 Camp Al-Anon Committee

Tradition 3: The relatives of alcoholics, when gathered together for mutual aid, may call themselves an Al-Anon Family Group, provided that, as a group, they have no other affiliation. The only requirement for membership is that there be a problem of alcoholism in a relative or friend.

~CAMPERS SHARE~

I went to Camp Al-Anon about 4 years ago. Loved it! Great workshops and great fellowship. The Duncan Center is very much a spiritual place. ~Betsy

Gift yourself a weekend retreat—total immersion—and turn up the volume on your recovery! There's workshops, fun, fellowship, serenity, *and* a labyrinth! Walking meditation: Very, very cool. ~Robyn

There's lots of meetings, and good fellowship, a deep connection with others, arts and crafts, and the food is really good! ~Mandy

Camp Al-Anon was a huge influence in my growth in the program. It was the first time I became involved with a major event in Al-Anon. It was the first time I slept away from home without family or close friends. I gained a great deal of confidence because it wasn't my success that was being judged, but my effort. There was no pressure for me to be anyone I wasn't. That allowed me to trust myself, which was never my norm. It was Camp Al-Anon that made me truly believe in our suggested closing, "Although you may not like all of us, you'll love us in a very special way—the same way we already love you." I live by that saying now. ~Luci

District 170 Presents
Camp Al-Anon

THE GARDEN OF RECOVERY
Growing with the Program



Location: Duncan Conference Center
15820 South Military Trail
Delray Beach, FL 33484

Dates: April 1 and 2, 2017

Registration and check in begins Saturday at 8:00 am

Payment options: Option 1 –
Overnight campers \$140 (\$175 for single occupancy)
Saturday 8 am to Sunday 11 am
Includes healthy and delicious meals lunch
and dinner Saturday and Sunday breakfast

Option 2-
Day campers \$70
Saturday 8 am to 10 pm
Includes healthy, delicious lunch and dinner

Questions? Call 201-913-8543



Payment deadline March 1, 2017
Overnight campers may pay in two installments 50% by Feb 1, 50% by March 1

Name: _____ **Phone:** _____

Email: _____ **Roomate:** _____

Make checks to: District 170 C
Send to: Thursday Morning AFG (camp)
PO Box 1783, Boca Raton, FL 33486-1783



Photo courtesy of Rick A.

Just for today, I
will be unafraid.
Especially I will
not be afraid to
enjoy what is
beautiful, and to
believe that as I
give to the world,
so the world will
give to me.

~Just For Today

Book Report

I recently read a passage in the book *From Survival To Recovery*. It reminded me of three things: the people in Al-Anon loved me before I could love myself, they respected me before I respected myself, and they were accepting of my differing opinions. Growing up in an alcoholic home, I'd never experienced any of that before. What an amazing gift this program is, and I'm grateful every day that I found it.

~Kim

Service Opportunities

"Al-Anon service gives me the opportunity to make decisions, which helps build my character."

-Hope for Today

Alateen:

Our district is in need of Al-Anon Members Involved in Alateen Services (AMIAS). Call Maura for more info at 561-376-7627.

Archives:

Looking for Pipelines or other District 170 fliers from previous panels. Contact Holly for more info at 561-809-3693 or email her at VIP_Holly@yahoo.com

Institutions:

Speakers needed to carry the Al-Anon message to institutions and rehabilitation centers. Speaker support and guidelines available. Contact Denise for more info at 561-789-2260.

Public Outreach:

If you are interested in helping to spread the word about Al-Anon, contact Rick at 561-414-4423 or email him at Ralovis@yahoo.com

Speaker List:

Volunteers needed to speak at meetings, anniversaries, etc. Call Betty for more info, or if you need a speaker, at 561-266-9160.

Telephone Answering Service:

Our district's telephone information hotline needs volunteers to answer the phone and direct callers to meetings. Contact Lillian at 561-414-5508 or Susan at 561-419-8199 to help.

Submit content! Get The Pipeline electronically! Contact Pipeline170@gmail.com

Concept 3: The right of decision makes effective leadership possible.

District 170 Announcements:

Group Records Reminder

Keep your group records up to date. Contact Olga at Grouprecords170@gmail.com

New Literature

The LDC is selling a new work book (P-93) to accompany Paths to Recovery at \$10 plus tax. Thank you for your support!

New Webmaster

We welcome Barbara, our new district webmaster! If you have info to add to our district website, please contact her at 561-891-6395.

New Where & When

Look for new Where & When pamphlets available in March

To Submit Donations:

District 170 A

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Boynton Beach, FL 33425-0928

Area 10

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Naples, FL 34108

Word Service AFG

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