

The Pipeline

South Palm Beach County Al-Anon Newsletter
Area 10, District 170

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Step 2:

Thoughts On Sanity
Restoration

Lil Shares:

Heard in A Meeting;
Letting Go

OMG *All the Things*

Camp Al-Anon,
Anniversary Parties,
2018 Area Convention
Updates, and More

**Institutions & Public
Outreach:**

Help Others While
Helping Your Program

WSO News:

Dear Abby is Talking
About Us

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Help Wanted!

Tech Support:

WSO Member Site
Access: Lotsa Goodies
Await you!

Heard In The Rooms:

God, grant me the serenity to
accept the people I cannot
change, the courage to change
the one I can, and the wisdom to
know... *it's me!*

**Came to believe that a
Power greater than ourselves
could... what?!**

I did not like Step Two's reference to my
insanity when I came in to Al-Anon. I
was not the one who was insane... was
anyone listening to what I was saying
about him?? His drinking and drugging
was the problem. I was justifiably
reacting to it.

Although, I was not sleeping. I was too
busy counting white cars, determined
that *this* would help bring him home.
That was my insanity.

It did not bring his car home.

I wasn't the insane type that gets
locked up, but my need to control an
uncontrollable situation was far from
sane. Today when I try to control the
uncontrollable, I know I need to look at
my behavior, and put it where it
belongs: in my Higher Power's hands.

Thank you, Al-Anon.

--Bev

**Step 2: Came to believe
that a Power greater than
ourselves could restore us
to sanity.**



Upcoming Events

February 10-11

Camp Al-Anon
The Duncan Center
15820 S. Military Tr Delray Beach, FL 33484
*Direct questions to Barbara at 954-
579-5661. No walk-ins, please.*

February 18

Serenity Step & Study
Anniversary Meeting
Sunday @ 7 PM
Living World Lutheran Church
2116 Lantana Rd, Lantana, FL 33462
*Celebrating 33 years of stepping into
recovery! Providing refreshments; please
bring a dish to share. Fun, fellowship, and
AA/Al-Anon/Alateen speakers. All are
welcome to join!*

February 25

Boca Butterfly AFG
Anniversary Meeting
Sunday @ 6:45 PM
Temple Shaarei Kodesh Annex
SE corner of Hampton Square Plaza
19805-4 Hampton Dr
Boca Raton FL 33434
*Come celebrate! Fun food fellowship!
AA and Al-Anon Speakers!*

February 27

West Boca Lost & Found AFG
Anniversary Meeting
Tuesday @ 7 PM
Glades Presbyterian Church
21121 Judge Winikoff Rd
Boca Raton FL 33428
*More celebrating! More fun food
fellowship! And *more* AA and Al-Anon
Speakers!*



Boca Butterfly's 25th Anniversary

Come help us celebrate!!
Food, Fun & Fellowship. Hear an AA speaker & an Al-anon speaker
6:45 pm Sunday February 25, 2018
TEMPLE SHAAREI KODESH 19085-4 HAMPTON DRIVE
Between Lyons Road and 441 on Kimberly
Located on the South East corner of shopping center

ANNIVERSARY MEETING

7 p.m. Sunday, Feb. 18, 2018,
Living Word Lutheran Church,
2116 Lantana Road, Lantana 33462



Serenity Step & Study
invites you to celebrate 33 years
of stepping into recovery.

- * Refreshments (bring a dish) *
- * Alanon, Alateen, AA speakers *
- * All are welcome *

Also? Institutions!

IF you are looking for a way to turn the volume UP on your RECOVERY:

INSTITUTIONS is seeking volunteers to bring an Al-Anon Beginners meeting into a local treatment center. It's easy and FUN!

We have handouts, meeting guidelines, and other resources available, so you don't have to wing it!

You'll talk about the 3 C's, Detachment, and Steps 1, 2 & 3. You'll read page 180 in *Courage To Change* and give family members a Where & When.

Bring an Ala-Pal with you, because we don't have to do it alone! IT'S GREAT SERVICE & many of us have been introduced to Al-Anon in just this way! If interested, please email me, ROBYN B. at institutionsdistrict170@gmail.com



West Boca Lost & Found Anniversary

Come help us celebrate!!
Food, Fun & Fellowship. Hear an AA speaker & an Al-anon speaker
7:00 pm Tuesday February 27, 2018
Glades Presbyterian Church 21121 Judge Winikoff Road
Corner of Ponderosa & Judge Winikoff Road
Between Palmetto & Glades West of 441

Convention 2018 News

Under the Sea: Discovering Hidden Treasures

I had the pleasure of representing District 170 at the recent Area 2018 Convention Planning Meeting and wanted to share my report with our Pipeline Readers!

Captain's Log:

Feeling shipwrecked never felt so good. After my first convention meeting, I came away with my own hidden treasures. Falling into this position, even temporarily, is already opening up gems, like an oyster opens up and gives us a pearl. The excitement, fun and fellowship flowed throughout the work session. Each district represents an important facet to the complete production and so our program works as we place principles above personalities.

Our district has been assigned to oversee the Alateen portion of the convention. I am asking those who would like to be involved to reach out to me. The plan is to engage the kids with crafts, games and workshops. All ideas will be welcome, even if you can't be present at the convention. I love the idea that with program, we learn "to just keep swimming!"

Join me and let's uncover treasures, together with our Alateens.

Yours In Service,
Luci
[201-913-8543](tel:201-913-8543)
RATDOGil@aol.com

On Turning It Over

Recently I had the opportunity to go on a trip, but it meant leaving my daughter for the first time ever. Her father had agreed to take care of her. It was an amazing experience of relinquishing control. But I freaked out the night before I was supposed to leave. I panicked and got an extreme case of nerves. I asked my HP for a hug... and it came in the form of a perfect parking spot at the airport! 😊 --Anonymous

Tradition 2:

For our group purpose there is but one authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants—they do not govern.

From *In the Loop*: News From Your WSO

The "Dear Abby" newspaper column for January 31, 2018 recommended AI-Anon!

"In communities where editors choose to publish the recommendation to try AI-Anon it would be appropriate and helpful for members to send thank-you notes to the newspapers. Such expressions of appreciation might help editors choose to run more AI-Anon and Alateen items in the future. It is possible that thank-you notes sent to newspapers or "Dear Abby" might appear in print, so please ask to remain anonymous if you identify yourself as an AI-Anon member.

Readers of national media items could contact the WSO for local meeting information. It is always important for groups to provide WSO and all service arm websites with up-to-date meeting information, so everyone can help newcomers find a local meeting.

Thank you for offering help and hope to families and friends of alcoholics.

To subscribe to "In the Loop" log into the WSO Member website. See directions on Page 4.

Concept 2: The Al-Anon Family Groups have delegated complete administrative and operational authority to their Conference and its service arms.

DISTRICT 170 CLASSIFIEDS

- **Alateen Meeting Needs Support:** Saturday @ 10 AM at Crossroads in Delray
- **Alateen Needs AMIAS:** Become an Al-Anon Member Involved in Alateen Service! Two years of time in Al-Anon & no criminal convictions required. Contact Maura @ 561-376-7627
- **Co-Chairs Wanted:** The Public Outreach Chairperson and the Webmaster Chairperson would each like a co-chair for Panel 58.
- **Convention Chair Needed:** To help with Alateen program for the 2018 Area 10 convention
- **Contribution Checks:** When sending in a donation check, please include the group name/group number in the memo field
- **District Representative email:** Sharon, our new District 170 DR, can be reached at DR170Panel58@gmail.com
- **Group Records:** Please submit new GR-1 forms for your new Panel 58 GRs. Find forms online at: <http://www.al-anon.org/members/pdf/GR1.pdf> and submit to D170GR1@gmail.com
- **Open District Positions:** The District is in need of a Secretary, and an Archives Chairperson
- **Literature Distribution Center:** Has a new chair! Larry can be reached at 561-452-8998 or LABELYOSEL99@yahoo.com Literature can be ordered through him and picked up at the LDC at Crossroads in Delray on Tuesdays from 5-7 PM or at the monthly district meeting. Volunteers needed to help staff the store.
- **Magazines Needed:** For Camp Al-Anon activities. If you have any to donate, please ask around and give them to someone on the committee, or pass along to an attendee.
- **Member Survey:** Whether you are a new or seasoned member, or anywhere in between, every member has the opportunity to perform 12th Step work by participating in this anonymous WSO online survey. Open until 2/27. Visit www.al-anon.org/18membersurvey
- **New Service Manual:** The new Service Manual is not available yet. It will be available soon! The items Groups at Work (P24) and Service Manual (24_27) can be downloaded on the Al-Anon WSO member site.
- **Speaker List:** Contact Luci at 201-913-8543 or RATDOG1@aol.com if you would like to do service by adding your name to the list of available speakers willing to tell their story, and share their experience, strength, and hope, at a meeting

Tech Support: How To Log into the Al-Anon WSO Member Site!

Visit <http://al-anon.org/members/user-login> and type the name of your home group followed by "AFG" in the password box (e.g. bocaserenityafg) for access to all kinds of program goodies including the Service Manual, events, announcements, literature, and more.



Adopt A Coffee Shop

- Help Public Outreach spread the word about Al-Anon!
- Sign up to "Adopt" your favorite coffee shop.
- Every time you stop in, place a few Where & When brochures on their bulletin board.
- Contact Rick at 561-414-4423 or ralovis@yahoo.com to get started.

Rick is planning some innovative Public Outreach strategies for 2018. Contact him if you are interested in helping others find Al-Anon! He is planning on holding phone conferences soon to discuss new ideas. Get involved! Have fun! Call him at 561-414-4423.

CONTACTS:

Literature Distribution Center (LDC)

1700 Lake Ida Rd
Delray Beach, FL 33445
Open Tuesdays 5-7 PM
Contact Larry at
LABELYOSEL99@yahoo.com or text him
at 561-452-8998 to place order

South Palm Beach AFG

District 170 A
PO Box 928
Boynton Beach, FL 33425-0928
<http://www.southpalmbeachafg.org>

Florida South AFG

Area 10
AFG South Florida, Inc.
PO Box 110638
Naples, FL 34108
<http://www.southfloridaal-anon.org>

World Service AFG

1600 Corporate Parkway
Virginia Beach, VA 23454-5617
<http://www.al-anon.org>

Submit content! Get The Pipeline electronically!
Email Pipeline170@gmail.com

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