

The Pipeline

South Palm Beach County Al-Anon Newsletter
Area 10, District 170

In This Issue:

Step 1:
Powerless
Together

**Lotsa Stuff to Do
Coming Soon!**
Camp Al-Anon,
Anniversaries, the
2018 Area 10
Annual
Convention, and
more!

Updates:
Meeting changes
and whatnot

**District 170
Classifieds:**
Help Wanted

Tech Support:
WSO Member Site

Powerless Together

A question to answer my question
Defensive to the core;
Over a subject without objection;
I know what the lies are for.
Manipulate, conceive, gaslight, justify.
It works short term like Hell;
But when your flip-side (me) wants to die;
It's a fruitless battle as well.
Who wins? Who dies?
Who's the first to say goodbye?
Both of us will just cry.
But will time justify?
Will we grow?
Will we change?
Our lives go on and so does pain.
And will that help us find our purpose?
Or will we be lost?
Will we realize it's worth it?
And part of our cause?
Or will you blame still more others?
You are right; it can't be you!
And you avoid connecting to brothers
Because it just doesn't "ring true".
That's why this (Al-Anon) program is Heaven-sent.
It gives me so much hope.
No more wasted energy spent.
I can unite here to cope.
We can share, we learn
We are contributors to this mess.
We all understand the burn
Of expectations barely met.
There is a way out
Of despair and status quo;
Let G-d guide you out
To where you need to go.
It's not a one solution fit all;
It's all people doing their best.
Progress not perfection,
And let G-d provide the rest.

--Rebecca

Step 1: We admitted we were powerless over alcohol, and that our lives had become unmanageable.

"I realize that I'm not diminished when I admit my powerlessness over alcohol. In fact, in some important way, I join the rest of the human race because we are all powerless over something at one time or another." --*Hope for Today*, p. 4



Upcoming Events

February 2

AFG Camino
Anniversary Meeting
Friday @ 10 am
Music Room
Grace Community Church
600 W Camino Real
Boca Raton, FL 33486

February 10-11

Camp Al-Anon
The Duncan Center
15820 S. Military Tr
Delray Beach, FL 33484

Registration Deadline is now 2/1/18

Direct questions to Barbara at 954-579-5661. See flier in this newsletter for additional details.

February 18

Serenity Step & Study
Anniversary Meeting
Sunday @ 7 PM
Living World Lutheran Church
2116 Lantana Rd, Lantana, FL 33462

Celebrating 33 years of stepping into recovery! Providing refreshments; please bring a dish to share. Fun, fellowship, and AA/Al-Anon/Alateen speakers. All are welcome to join!

ANNIVERSARY MEETING

7 p.m. Sunday, Feb. 18, 2018,
Living Word Lutheran Church,
2116 Lantana Road, Lantana 33462



**Serenity Step & Study
invites you to celebrate 33 years
of stepping into recovery.**

*** Refreshments (bring a dish) ***
*** Alanon, Alateen, AA speakers ***
*** All are welcome ***

~MEETING LOCATION CHANGE~

Starting Jan 17, 2018
Highland Beach AFG is moving to...

St. Lucy Catholic Church
3510 S Ocean Blvd, Highland Beach, FL 33487
Wednesdays @10:30-11:30 AM

Thank you to all who support this group, helping us outgrow
our current room at the library!

Convention 2018: Save the Date!

Area 10's next Annual
Convention will be held on:

August 3-5, 2018
West Palm Beach

Keep an eye out at meetings
for fliers, circulating now!

This year, our District will be
responsible for planning and
running the convention's
Alateen program. Interested
in helping out? Let your GR
know!

Also it's a cool theme

**Hidden Treasures
Under the Sea**

**Tradition 1: Our common
welfare should come
first; personal progress
for the greatest number
depends upon unity.**

"Tradition 1 spells out the basic
purpose of unity—to accomplish the
greatest good for the greatest
number. The idea is that many can
accomplish together what one alone
cannot."

Hope for Today, p. 203

Submit content! Get The Pipeline electronically!
Email Pipeline170@gmail.com

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Registration & Payment Deadline Extended to February 1, 2018



NOT *ACTUALLY* CAMPING

CAMP^AL-ANON: Beyond Your Wildest Dreams!

Start off the new year with a strong boost to your recovery! Join District 170 Feb. 10-11, 2018
Duncan Conference Center @15820 S. Military Trail, Delray Beach, FL 33484


Overnight Campers: \$175 Single Occupancy/\$140 Double Occupancy. Sat 8 am - Sun 11 am. Includes Sat lunch, dinner, and Sun breakfast. Day Campers: \$70. Sat 8 am - 10 pm. Includes lunch and dinner.

Register & Pay by 1/10/18

Name: _____ Phone: _____
Email: _____ Roommate: _____
Day Camping or Overnight: _____

Overnight campers may pay in two installments. Half due by Jan 1st and half due by Jan 10th. Direct questions to Barbara at 954-579-5661. Please complete & mail registration, and make checks payable to:

District 170 C AFG
c/o 3033 Starling Court
Delray Beach, FL 33444



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Concept 1: The ultimate responsibility and authority for Al-Anon world services belongs to the Al-Anon groups.

"Concept One teaches me that I am an individual person separate from other human beings, and as such I have no responsibility for or authority over them. I still have people in my life who want me to take on their responsibilities. However, Al-Anon helps me to make clear delineations between what does and doesn't belong to me. It also gives me tools—such as detachment, "Live and Let Live," Step Ten, and keeping the focus on me—to help me keep those demarcations clear."

--Hope for Today, p. 29

DISTRICT 170 CLASSIFIEDS

- **Alateen Meeting Needs Support:** Saturday @ 10 AM at Crossroads in Delray
- **Alateen Needs AMIAS:** Become an Al-Anon Member Involved in Alateen Service! Contact Maura at 561-376-7627
- **Co-Chairs Wanted:** The Public Outreach Chairperson and the Webmaster Chairperson would each like a co-chair for Panel 58.
- **Convention Chair Needed:** To help with Alateen program for the 2018 Area 10 convention
- **Contribution Checks:** When sending in a donation check, please include the group name/group number in the memo field
- **District Representative email:** Sharon, our new District 170 DR, can be reached at DR170Panel58@gmail.com
- **Group Records:** Needs new GR-1 Forms submitted for incoming Panel 58 GRs. Find forms online at: <http://www.al-anon.org/members/pdf/GR1.pdf>
- **Open District Positions:** The District is in need of a Secretary, and an Archives Chairperson
- **Literature Distribution Center:** Has a new chair! Larry can be reached at 561-452-8998 or LABELYOSEL99@yahoo.com Literature can be ordered through him and picked up at the LDC at Crossroads in Delray on Tuesdays from 5-7 PM or at the monthly district meeting. Volunteers needed to help staff the store.
- **Magazines Needed:** For Camp Al-Anon activities. If you have any to donate, please ask around and send to District on Jan 13, give them to someone on the committee, or pass along to an attendee.
- **New Service Manual:** The new Service Manual is not available yet. It will be available sometime in the beginning of 2018. The items Groups at Work (P24) and Service Manual (24_27) can be downloaded on the Al-Anon WSO member site.
- **New Where & When:** The latest Where & When brochure is out and circulating at meetings

Tech Support: Log into the Al-Anon WSO Member Site!

Visit <http://al-anon.org/members/user-login> and type the name of your home group followed by "AFG" in the password box (e.g. bocaserenityafg) for access to all kinds of program goodies including the Service Manual, events, announcements, literature, and more.



Adopt A Coffee Shop

- Help Public Outreach spread the word about Al-Anon!
- Sign up to "Adopt" your favorite coffee shop.
- Every time you stop in, place a few Where & When brochures on their bulletin board.
- Contact Rick at 561-414-4423 or ralois@yahoo.com to get started.

CONTACTS:

Literature Distribution Center (LDC)
1700 Lake Ida Rd
Delray Beach, FL 33445
Open Tuesdays 5-7 PM
Contact Art at art2899@aol.com
or text 561-386-0327 to place order

**South Palm Beach AFG
District 170 A**
PO Box 928
Boynton Beach, FL 33425-0928
<http://www.southpalmbeachafg.org>

**Florida South AFG
Area 10**
AFG South Florida, Inc.
PO Box 110638
Naples, FL 34108
<http://www.southfloridaal-anon.org>

World Service AFG
1600 Corporate Parkway
Virginia Beach, VA 23454-5617
<http://www.al-anon.org>

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