

The Pipeline

South Palm Beach County Al-Anon Newsletter
Area 10, District 170

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Tradition Five:

Singleness
of Purpose
and Service

Ways to Help:

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Literature
Distribution
Center,
Public
Outreach,
Speaker List,
Sunshine
Chair,
Telephone
Answering
Service,
Webmaster
Co-Chair
AND MORE!

Contact Info:

District, Area,
& World
Service

The Help Wanted Issue:

Peek inside for countless ways to help your district this summer

Tradition 5:
Each Al-Anon Family Group has but one purpose: to help families of alcoholics. We do this by practicing the 12 steps of AA ourselves, by encouraging and understanding our alcoholic relatives, and by welcoming and giving comfort to families of alcoholics.

"To me, recovery is intertwined with service, and the business of Al-Anon is about service performed by the entire group. The Traditions keep us focused on the *business of service*. For example, Tradition Five helps us focus on Al-Anon's reason for being—helping families and friends of alcoholics. We do this by opening and setting up the meeting room, providing Conference Approved Literature, paying rent, and participating in and supporting the various service arms of the fellowship."

—Hope for Today p. 307



Upcoming Events

May 11-13

Area 10 Spring Assembly
Sunrise, FL

Registration opens @ 8 AM

Doubletree by Hilton Sawgrass Mills
13400 W Sunrise Blvd
Sunrise, FL 33323

10\$ and All are welcome to attend!
No District 170 Business Meeting in
May due to Assembly

July 20-22

Alateen Conference
Orlando, FL

Fliers circulating at meetings or call
Maura at 561-367-7627 for info

Aug 3-5

AFG Florida South
Annual Convention
Fri-Sun

Hilton West Palm Beach
600 Okeechobee Blvd
West Palm Beach FL 33401
\$109/night + registration fees

See enclosed flier or get
registration info online @
www.southfloridaal-anon.org/convention-2018/

Got Experience, Strength, and Hope to Share? Reach Out To Families & Spread the Message

If you are looking for a way to turn the volume UP on your recovery, Institutions is seeking volunteers to bring an Al-Anon Beginners meeting into a local treatment center. It's easy and FUN!

We have handouts, meeting guidelines, and other resources available, so you don't have to wing it!

You'll talk a bit about your own story. Discuss the 3 C's, Detachment, and Steps 1, 2 & 3. You'll read a page from *Courage To Change* and give family members a Where & When.

Bring an Ala-Pal with you, because we don't have to do it alone! IT'S GREAT SERVICE & many of us have been introduced to Al-Anon in just this way! If interested, please email me, ROBYN B. at institutionsdistrict170@gmail.com

Please See Below For Monthly Meeting Days/Times

TRANSFORMATIONS:

1st Friday @ 5:50 pm
14000 Military Trail Delray Beach

WAYSIDE HOUSE:

1st Saturday @ 12:20 pm
378 NE 6th Ave Delray Beach

BEACHCOMBER:

Last Saturday @ 2:45 pm
4493 N Ocean Blvd, Delray Beach

NEXT CHAPTER:

Last Thursday @ 7:20 pm
6646 W. Atlantic Ave Delray Beach

WELLNESS RESOURCE CENTER:

2nd Saturday @ 11:20 am
7940 N Federal Hwy Ste 120 Boca Raton

Wondering About Alateen? Become an Al-Anon Member Involved in Alateen Service (AMIAS)

Always been curious? Immerse yourself in recovery, and discover what Alateen is all about. Alateen needs you! AMIAS's wanted to assist with the Alateen meeting @ Crossroads in Delray on Saturdays at 10 AM. Help is especially needed over the summer! In addition, our district needs AMIAS's willing to help at this year's convention with the Alateen program.

Training is provided and background checks are free. All you need to be an AMIAS is:

- Two years of Al-Anon membership and
- No criminal convictions

If interested, Contact Maura at 561-367-7627 or email her at mrooney5@bellsouth.net. For questions specific to the 2018 Convention, contact Luci at 201-913-8543 or email her at RatDogi1@aol.com

Calling All Bibliophiles! The Literature Distribution Center (LDC) Just Might Be Your Jam

And the LDC is always looking for volunteers. At the moment, help is wanted to staff the store in Delray, and to assist with book sales at Convention in August. Help is needed to fill time slots on Friday 8/3 and Saturday 8/4. If you're going to convention and can help, contact Larry at 561-452-8998 or email LabelYosel99@yahoo.com

Convention Time Slots Available:

- **Fri Aug 4th** 7-7:45PM; 7:45-9:45 PM; 9:45-11:30 PM
- **Sat Aug 5th** 7:30-9:30 AM; 9:30-11:30 AM; 11:30 AM-1:30 PM; 3:30-5:30PM; 5:30-6 PM

Pitch in at Convention in WPB Aug 3rd – 5th 2018:

- The hospitality room is going to need baked goods.
- The LDC needs help selling books.
- AMIAS's are wanted to help with Alateen activities.
- Ask your group to consider donating an Al-Anon or Alateen-themed gift basket for the raffle.
- Contact Luci at 201-913-8543 or Ratdog1@aol.com for more info



UNDER THE SEA

"Discovering Hidden Treasures"

29th Annual AFG Florida South Convention with A.A. Participation

August 3, 2018 - August 5, 2018

<p>AL-ANON & A.A. REGISTRATION <u>Must be postmarked by 07/02/18</u></p> <p>10/01/17 to 12/31/17 \$25 <input type="checkbox"/></p> <p>01/01/18 to 07/02/18 \$30 <input type="checkbox"/></p> <p>After 07/02/18 - \$35 ON-SITE ONLY</p> <p>ALATEEN REGISTRATION Ages 8-17 - includes Sat. Night Pizza Party \$15 <input type="checkbox"/> <i>Notarized Travel & Medical Release Form Required</i></p> <p>EVENTS</p> <p>Friday Night Social—Get Out of Your Shell..... \$20 <input type="checkbox"/></p> <p>Saturday Night Banquet \$45 <input type="checkbox"/></p> <p style="padding-left: 20px;">Chicken <input type="checkbox"/> Beef <input type="checkbox"/> Vegetarian <input type="checkbox"/></p> <p>Package Savings—Fri/Social & Sat/Banquet...\$60 <input type="checkbox"/></p> <p>Total Amount \$ _____ Check # _____</p> <p style="text-align: center;">NO REFUNDS</p>	<p>HOTEL ACCOMMODATIONS</p> <p>Hilton West Palm Beach</p> <p><i>Across the Street from CityPlace</i> 600 Okeechobee Blvd. West Palm Beach, FL 33401</p> <p>King / Queen (per night + tax) \$109</p> <p>Check-in 3:00 p.m./Check-out 11:00 a.m.</p> <p>All rooms equipped with mini-fridge & in-room WIFI Complementary Airport Shuttle</p> <p>VALET PARKING ONLY 12.00 daily / 15.00 overnight</p> <p>Reservations: 1-855-757-4985</p> <p>Don't forget to mention Group Code ZAEG to receive the AFG FLS Convention Group Rate!</p> <p>On-line Hotel Reservations: https://aws.passkey.com/event/49382353/owner/14106173/home</p> <p>Out-Of-Date for hotel registrations is July 1, 2018!</p>
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WORKSHOPS SPEAKERS BANQUET DANCE FELLOWSHIP

Program Choice (circle one)	Al-Anon <input type="checkbox"/>	Alateen <input type="checkbox"/>	Al-Anon Spanish <input type="checkbox"/>	A.A. <input type="checkbox"/>
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Checks/Money Orders Payable to: AFG Florida South Convention, 2697 SW Fair Isle Rd., Pt. St. Lucie, FL 34987

Complete One Form for each person: _____ Date: _____

Name: (First & Last) _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ E-Mail: _____

Badge Name: _____ District/Group: _____

Credit Cards Accepted for On-Line Convention Registration — www.southfloridaal-anon.org

Experience,
Strength, & Hope:
Share Yours Today

Enabling
X-pectations
People pleasing
Emotions
Relationships
Isolation
Enter Al-Anon
Newcomers
Changed attitudes
Equal

Steps
Tools
Recovery
Easy Does It
No is a complete sentence
Gratitude
Trust
Higher Power

Higher Power
One Day At A Time
Program
Encouraging words

--Anonymous

DISTRICT 170 SERVICE: EVEN MORE HELP WANTED!

- **Archivist Needed!** Who likes scrapbooking?! Or, who's a history buff?! Got any sponsees looking for service? Voila!
- **Co-Chairs Wanted:** The Public Outreach Chairperson and the Webmaster Chairperson would each like a co-chair for Panel 58.
- **Public Outreach:** Needs volunteers to make calls and stuff envelopes to send to school counselors and other professionals. Contact Rick at RALovis@yahoo.com or 561-414-4423
- **Speaker List:** Needs volunteers who would like to share their story at a meeting. Contact Luci if interested at 201-913-8543 or email her at RatDogi1@aol.com
- **Sunshine Chair:** Wanted! All ya gotta do is send cards out! Contact Devin at 561-385-9508 or lakebass2014@hotmail.com
- **Telephone Answering Service:** Volunteers needed to answer calls directing newcomers to a meeting. Contact Lillian at LTF1204@gmail.com or 561-414-5508 if you'd like to assist with the following timeslots:
 - Tuesdays 12 PM-4 PM
 - Wednesdays 8 AM-12 PM
 - Fridays 12 PM-4 PM, 7 PM-11PM, 11PM-8 AM
 - Saturdays 12 PM- 4 PM

Public Outreach: Reaching Out

Rick is planning some innovative Public Outreach strategies for 2018. Contact him if you are interested in helping others find Al-Anon! He is planning on holding phone conferences soon to discuss new ideas. Get involved! Have fun! Call him at 561-414-4423 or email ralovis@yahoo.com



Adopt A Coffee Shop

- Help Public Outreach spread the word about Al-Anon!
- Sign up to "Adopt" your favorite coffee shop.
- Every time you stop in, place a few Where & When brochures on their bulletin board.
- Contact Rick at 561-414-4423 or ralovis@yahoo.com to get started.

Step 5: Admitted to God, to ourselves, and another human being the exact nature of our wrongs

Concept 5: The rights of appeal and petition protect minorities and insure that they've been heard.

CONTACTS:

Literature Distribution Center (LDC)

1700 Lake Ida Rd
Delray Beach, FL 33445
Open Tuesdays 5-7 PM
Contact Larry at LABELYOSEL99@yahoo.com or text him at 561-452-8998 to place order

South Palm Beach AFG District 170 A

PO Box 928
Boynton Beach, FL 33425-0928
<http://www.southpalmbeachafg.org>

Florida South AFG Area 10

AFG FL South Area 10, Inc.
P.O. Box 1676
Jensen Beach, FL 34958-1676
<http://www.southfloridaal-anon.org>

World Service Office

1600 Corporate Parkway
Virginia Beach, VA 23454-5617
<http://www.al-anon.org>

Submit content! Get The Pipeline electronically!
Email Pipeline170@gmail.com

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