

# The Pipeline

South Palm Beach County Al-Anon Newsletter  
Area 10, District 170

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**Tradition Five:**

Singleness  
of Purpose  
and Service

**Ways to  
Help:**

Alateen,  
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Speaker List,  
Sunshine  
Chair,  
Telephone  
Answering  
Service,  
Webmaster  
Co-Chair  
AND MORE!

**Contact  
Info:**

District, Area,  
& World  
Service

## The Help Wanted Issue:

### Peek inside for countless ways to help your district this summer

**Tradition 5:** Each Al-Anon Family Group has but one purpose: to help families of alcoholics. We do this by practicing the 12 steps of AA ourselves, by encouraging and understanding our alcoholic relatives, and by welcoming and giving comfort to families of alcoholics.

"To me, recovery is intertwined with service, and the business of Al-Anon is about service performed by the entire group. The Traditions keep us focused on the *business of service*. For example, Tradition Five helps us focus on Al-Anon's reason for being—helping families and friends of alcoholics. We do this by opening and setting up the meeting room, providing Conference Approved Literature, paying rent, and participating in and supporting the various service arms of the fellowship."

—Hope for Today p. 307



### Upcoming Events

**May 11-13**

Area 10 Spring Assembly  
Sunrise, FL

Registration opens @ 8 AM

Doubletree by Hilton Sawgrass Mills  
13400 W Sunrise Blvd  
Sunrise, FL 33323

10\$ and All are welcome to attend!  
No District 170 Business Meeting in  
May due to Assembly

**July 20-22**

Alateen Conference  
Orlando, FL

Fliers circulating at meetings or call  
Maura at 561-367-7627 for info

**Aug 3-5**

AFG Florida South  
Annual Convention  
Fri-Sun

Hilton West Palm Beach  
600 Okeechobee Blvd  
West Palm Beach FL 33401  
\$109/night + registration fees

See enclosed flier or get  
registration info online @  
[www.southfloridaal-anon.org/convention-2018/](http://www.southfloridaal-anon.org/convention-2018/)

## Got Experience, Strength, and Hope to Share? Reach Out To Families & Spread the Message

If you are looking for a way to turn the volume UP on your recovery, Institutions is seeking volunteers to bring an Al-Anon Beginners meeting into a local treatment center. It's easy and FUN!

We have handouts, meeting guidelines, and other resources available, so you don't have to wing it!

You'll talk a bit about your own story. Discuss the 3 C's, Detachment, and Steps 1, 2 & 3. You'll read a page from *Courage To Change* and give family members a Where & When.

Bring an Ala-Pal with you, because we don't have to do it alone! IT'S GREAT SERVICE & many of us have been introduced to Al-Anon in just this way! If interested, please email me, ROBYN B. at [institutionsdistrict170@gmail.com](mailto:institutionsdistrict170@gmail.com)

*Please See Below For Monthly Meeting Days/Times*

### **TRANSFORMATIONS:**

1<sup>st</sup> Friday @ 5:50 pm  
14000 Military Trail Delray Beach

### **WAYSIDE HOUSE:**

1<sup>st</sup> Saturday @ 12:20 pm  
378 NE 6<sup>th</sup> Ave Delray Beach

### **BEACHCOMBER:**

Last Saturday @ 2:45 pm  
4493 N Ocean Blvd, Delray Beach

### **NEXT CHAPTER:**

Last Thursday @ 7:20 pm  
6646 W. Atlantic Ave Delray Beach

### **WELLNESS RESOURCE CENTER:**

2<sup>nd</sup> Saturday @ 11:20 am  
7940 N Federal Hwy Ste 120 Boca Raton

## Wondering About Alateen? Become an Al-Anon Member Involved in Alateen Service (AMIAS)

Always been curious? Immerse yourself in recovery, and discover what Alateen is all about. Alateen needs you! AMIAS's wanted to assist with the Alateen meeting @ Crossroads in Delray on Saturdays at 10 AM. Help is especially needed over the summer! In addition, our district needs AMIAS's willing to help at this year's convention with the Alateen program.

Training is provided and background checks are free. All you need to be an AMIAS is:

- Two years of Al-Anon membership and
- No criminal convictions

If interested, Contact Maura at 561-367-7627 or email her at [mrooney5@bellsouth.net](mailto:mrooney5@bellsouth.net). For questions specific to the 2018 Convention, contact Luci at 201-913-8543 or email her at [RatDogi1@aol.com](mailto:RatDogi1@aol.com)

## Calling All Bibliophiles! The Literature Distribution Center (LDC) Just Might Be Your Jam


And the LDC is always looking for volunteers. At the moment, help is wanted to staff the store in Delray, and to assist with book sales at Convention in August. Help is needed to fill time slots on Friday 8/3 and Saturday 8/4. If you're going to convention and can help, contact Larry at 561-452-8998 or email [LabelYosel99@yahoo.com](mailto:LabelYosel99@yahoo.com)

Convention Time Slots Available:

- **Fri Aug 4<sup>th</sup>** 7-7:45PM; 7:45-9:45 PM; 9:45-11:30 PM
- **Sat Aug 5<sup>th</sup>** 7:30-9:30 AM; 9:30-11:30 AM; 11:30 AM-1:30 PM; 3:30-5:30PM; 5:30-6 PM

## Pitch in at Convention in WPB Aug 3<sup>rd</sup> – 5<sup>th</sup> 2018:

- The hospitality room is going to need baked goods.
- The LDC needs help selling books.
- AMIAS's are wanted to help with Alateen activities.
- Ask your group to consider donating an Al-Anon or Alateen-themed gift basket for the raffle.
- Contact Luci at 201-913-8543 or [Ratdog1@aol.com](mailto:Ratdog1@aol.com) for more info



### UNDER THE SEA

*"Discovering Hidden Treasures"*

29th Annual AFG Florida South Convention with A.A. Participation

**August 3, 2018 - August 5, 2018**

<p><b>AL-ANON &amp; A.A. REGISTRATION</b> <u>Must be postmarked by 07/02/18</u></p> <p>10/01/17 to 12/31/17 ..... \$25 <input type="checkbox"/></p> <p>01/01/18 to 07/02/18 ..... \$30 <input type="checkbox"/></p> <p>After 07/02/18 - \$35 ..... <b>ON-SITE ONLY</b></p> <p><b>ALATEEN REGISTRATION</b> Ages 8-17 - includes Sat. Night Pizza Party ..... \$15 <input type="checkbox"/> <i>Notarized Travel &amp; Medical Release Form Required</i></p> <p><b>EVENTS</b></p> <p>Friday Night Social—Get Out of Your Shell..... \$20 <input type="checkbox"/></p> <p>Saturday Night Banquet ..... \$45 <input type="checkbox"/></p> <p style="padding-left: 20px;">Chicken <input type="checkbox"/> Beef <input type="checkbox"/> Vegetarian <input type="checkbox"/></p> <p>Package Savings—Fri/Social &amp; Sat/Banquet...\$60 <input type="checkbox"/></p> <p>Total Amount \$ _____ Check # _____</p> <p style="text-align: center;"><b>NO REFUNDS</b></p>	<p><b>HOTEL ACCOMMODATIONS</b></p> <p><b>Hilton West Palm Beach</b></p> <p><i>Across the Street from CityPlace</i> 600 Okeechobee Blvd. West Palm Beach, FL 33401</p> <p>King / Queen (per night + tax) ..... \$109</p> <p>Check-in 3:00 p.m./Check-out 11:00 a.m. All rooms equipped with mini-fridge &amp; in-room WIFI Complementary Airport Shuttle</p> <p><b>VALET PARKING ONLY</b> 12.00 daily / 15.00 overnight</p> <p><b>Reservations: 1-855-757-4985</b> Don't forget to mention <b>Group Code ZAEG</b> to receive the AFG FLS Convention Group Rate!</p> <p>On-line Hotel Reservations: <a href="https://aws.passkey.com/event/49382353/owner/14106173/home">https://aws.passkey.com/event/49382353/owner/14106173/home</a></p> <p><b>Out-Of-Date for hotel registrations is July 1, 2018!</b></p>
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**WORKSHOPS    SPEAKERS    BANQUET    DANCE    FELLOWSHIP**

Program Choice (circle one)	Al-Anon	Alateen	Al-Anon Spanish	A.A.
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Checks/Money Orders Payable to: AFG Florida South Convention, 2697 SW Fair Isle Rd., Pt. St. Lucie, FL 34987

Complete One Form for each person: \_\_\_\_\_ Date: \_\_\_\_\_

Name: (First & Last) \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ E-Mail: \_\_\_\_\_

Badge Name: \_\_\_\_\_ District/Group: \_\_\_\_\_

Credit Cards Accepted for On-Line Convention Registration — [www.southfloridaal-anon.org](http://www.southfloridaal-anon.org)

Experience,  
Strength, & Hope:  
Share Yours Today

Enabling  
X-pectations  
People pleasing  
Emotions  
Relationships  
Isolation  
Enter Al-Anon  
Newcomers  
Changed attitudes  
Equal

Steps  
Tools  
Recovery  
Easy Does It  
No is a complete sentence  
Gratitude  
Trust  
Higher Power

Higher Power  
One Day At A Time  
Program  
Encouraging words

--Anonymous

## DISTRICT 170 SERVICE: EVEN MORE HELP WANTED!

- **Archivist Needed!** Who likes scrapbooking?! Or, who's a history buff?! Got any sponsees looking for service? Voila!
- **Co-Chairs Wanted:** The Public Outreach Chairperson and the Webmaster Chairperson would each like a co-chair for Panel 58.
- **Public Outreach:** Needs volunteers to make calls and stuff envelopes to send to school counselors and other professionals. Contact Rick at [RALovis@yahoo.com](mailto:RALovis@yahoo.com) or 561-414-4423
- **Speaker List:** Needs volunteers who would like to share their story at a meeting. Contact Luci if interested at 201-913-8543 or email her at [RatDogi1@aol.com](mailto:RatDogi1@aol.com)
- **Sunshine Chair:** Wanted! All ya gotta do is send cards out! Contact Devin at 561-385-9508 or lakebass2014@hotmail.com
- **Telephone Answering Service:** Volunteers needed to answer calls directing newcomers to a meeting. Contact Lillian at [LTF1204@gmail.com](mailto:LTF1204@gmail.com) or 561-414-5508 if you'd like to assist with the following timeslots:
  - Tuesdays 12 PM-4 PM
  - Wednesdays 8 AM-12 PM
  - Fridays 12 PM-4 PM, 7 PM-11PM, 11PM-8 AM
  - Saturdays 12 PM- 4 PM

### Public Outreach: Reaching Out

Rick is planning some innovative Public Outreach strategies for 2018. Contact him if you are interested in helping others find Al-Anon! He is planning on holding phone conferences soon to discuss new ideas. Get involved! Have fun! Call him at 561-414-4423 or email [ralovis@yahoo.com](mailto:ralovis@yahoo.com)



### Adopt A Coffee Shop

- Help Public Outreach spread the word about Al-Anon!
- Sign up to "Adopt" your favorite coffee shop.
- Every time you stop in, place a few Where & When brochures on their bulletin board.
- Contact Rick at 561-414-4423 or [ralovis@yahoo.com](mailto:ralovis@yahoo.com) to get started.

**Step 5:** Admitted to God, to ourselves, and another human being the exact nature of our wrongs

**Concept 5:** The rights of appeal and petition protect minorities and insure that they've been heard.

### CONTACTS:

#### Literature Distribution Center (LDC)

1700 Lake Ida Rd  
Delray Beach, FL 33445  
Open Tuesdays 5-7 PM  
Contact Larry at [LABELYOSEL99@yahoo.com](mailto:LABELYOSEL99@yahoo.com) or text him at 561-452-8998 to place order

#### South Palm Beach AFG District 170 A

PO Box 928  
Boynton Beach, FL 33425-0928  
<http://www.southpalmbeachafg.org>

#### Florida South AFG Area 10

AFG FL South Area 10, Inc.  
P.O. Box 1676  
Jensen Beach, FL 34958-1676  
<http://www.southfloridaal-anon.org>

#### World Service Office

1600 Corporate Parkway  
Virginia Beach, VA 23454-5617  
<http://www.al-anon.org>

Submit content! Get The Pipeline electronically!  
Email [Pipeline170@gmail.com](mailto:Pipeline170@gmail.com)

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