

MONDAY

Boca Raton **Fresh Start AFG** **W/C**
ASCENSION CATHOLIC CHURCH
7250 N. Federal Highway, 33487
2:00-3:00 pm Regular Meeting

Boynton Beach **Courage to Change**
BEACHCOMBER OUTPATIENT
115 E. Woolbright Rd. 334 35
6:30 pm - 7:30 pm

Boca Raton **Finders Keepers** **W/C**
FIRST UNITED METHODIST CHURCH
625 NE Mizner Blvd., 33432
Music Suite, 1st Floor
7-7:45 pm Newcomers 7:50-8:50 pm Regular-

Boynton Beach **Sunshine Parent II** **W/C** **N**
JCC BUILDING - 2ND FLOOR
8500 Jog Road 33437, (Jog & Gateway) **N**
7:00-8:00 pm Newcomer s Meeting

WEDNESDAY

Lake Worth **Wednesday Morning Serenity** **W/C** **N**
LK. OSBORNE PRESBYTERIAN CHURCH
2102 Sixth Avenue South, 33460
(W. of I-95)
9:45am Newcomers 10:30-11:30 am Regular

Highland Beach **Highland Beach AFG** **W/C** **L**
PUBLIC LIBRARY 3618 S. Ocean Blvd. 33487
Between Linton & Spanish River on A1A
10:30-11:30 am
Literature Meeting (CAL)

Boca Raton **A New Day AFG**
BOCA PINES CLUB
9910 Sandalfoot Blvd, Boca Raton 33428
4:00 - 5:00 pm

Delray Beach **Hope, Faith & Love** **O**
TEMPLE SINAI Ask-it-Basket Meeting
2475 West Atlantic Ave., 33445
7:30-8:30 pm Regular **W/C**

FRIDAY

Boca Raton **Camino** **A.F.G.** **W/C** **N**
GRACE COMMUNITY CHURCH
600 W. Camino Real 33486
9-9:45 am Newcomers 10-11:15am Meeting

Boca Raton **Friday Hope** **W/C**
BOCA RATON COMMUNITY CENTER
Queen Palm West Room
150 Crawford Blvd 33432
12:30-1:30 pm-Topic-Discussion

Boca Raton **Men's Friday Night Fellowship** **W/C** **M**
BOCA RATON COMMUNITY CENTER
Queen Palm West Room
150 Crawford Blvd. 33432
7:30-8:30 pm Regular Meeting

SUNDAY

Delray Beach **Sunday Afternoon** **AFG** **W/C** **N**
378 NE Sixth Avenue 33483
at the Wayside House - Group Room
(Parking between 5th & 6th Ave on
4th Street - use alley)
2:00 pm Newcomers 2:30 pm Reg. Meeting

Boca Raton **Boca Butterfly** **N**
TEMPLE SHAAREI KODESH
19805-4 Hampton Drive, 33434
6:45 pm Newcomers 7:30 pm Regular Meeting

Lantana **Serenity Step & Study**
LIVING WORLD LUTHERAN CHURCH
2116 Lantana Road, Lantana 33462
Fellowship Hall, 7:00-8:00 pm **W/C** **L**
Steps-Traditions-Concepts

SATURDAY

Boca Raton **Boca Serenity AFG** **W/C**
ST. JOAN OF ARC CHURCH
370 SW 3rd Street 33432 Art Room
Beginners 9:00 - 9:45 am
Regular 10:00 -11:00 am

Lantana **Saturday Morning Serenity** **O** **W/C** **N**
LIVING WORD LUTHERAN CHURCH
2116 Lantana Road 33462 - Conf. Room
1st Saturday, Al-Anon Speaker Meeting
Beginners 9:30-10:15 am
Regular 10:30-11:30 am
(Children under 10 discouraged)

Literature Distribution Center

Crossroads Club
1700 Lake Ida Road, Delray Beach
(SE corner - just East of Congress)
Email: district170ldc@yahoo.com

Hours: 5:00 - 7:00 pm Every Tuesday
EXCEPT HOLIDAYS

District 170 Meeting - 2nd Saturday

Each Month at 10:00 am
Unity of Delray
101 N.W. 22nd St.
(NW 22nd and Swinton Ave.)
Delray Beach, FL 33444
Meeting in the Cafeteria

Al-Anon Online Access:

www.southpalmbeachafg.org
District 170
www.southfloridaal-anon.org
FL So Al-Anon Family Groups
www.al-anon.alateen.org
Al-Anon Family Groups
www.ola-is.org
Online Al-Anon Outreach

W/C = Wheel Chair Access M= Men's Meeting
N = Newcomer/Beginner Meeting A = Alateen Meeting
S = Steps T = Traditions C = Concepts AC = Adult Child
L = Conf. Approved Literature O = Professionals and Visitors
seeking Al Anon info welcome

TUESDAY

Boynton Beach **Tuesday Morning Serenity** **W/C** **N**
ST MARK CATHOLIC CHURCH
643 St Mark Place, Boynton Beach, 33435
Early Childhood Learning Bldg, St Anthony Room
9:30-9:55 am Newcomers, 10-11 am Regular

Boca Raton **West Boca Lost & Found** **W/C** **N**
GLADES PRESBYTERIAN CHURCH
21121 Judge Winkoff Road, 33428
(corner of Ponderosa & Judge Winkoff Rd)
Between Palmetto & Glades - West of 441
7:00-7:45 pm Beginners Meeting
8:00-9:00 pm Regular Meeting

Boynton Beach **Open Step Study** **O** **S**
UNITY CHURCH
101 NW 22 St.
7:00 pm

Delray Beach **New Light Tuesday Night** **W/C** **S**
TEMPLE SINAI
2475 W Atlantic Ave.
7:00-8:00 pm Regular Meeting

Delray Beach **Hope for Today** **O** **AC**
CROSSROADS CLUB HOUSE **W/C**
1700 Lake Ida Road, 33445 Adult Children Focus
Boardroom - 7:00-8:00 pm

THURSDAY

Boca Raton **Thursday Morning** **N** **W/C**
GRACE COMMUNITY CHURCH
600 W. Camino Real 33486
Music Room - Parking in rear & on the side
9-9:45 am Newcomers 10-11:00am Meeting

Boca Raton **Parents Sunshine** **O** **N** **W/C**
FIRST UNITED METHODIST CHURCH
625 NE Mizner Blvd. 33432
7-7:40 pm Newcomers - 7:45-8:30 pm Regular

Boca Raton **Boca Keep in Step** **S** **T** **C** **W/C**
OUR LADY OF LOURDES CHURCH
Study Group of Steps and Traditions & Concepts
22094 Lyons Road 33433 Room 205
7 pm - 8 pm

Boynton Beach **Boynton West** **W/C** **N**
ST. MARK CATHOLIC CHURCH
St. Claire Room
643 St. Mark Pl., 33435
7:00pm Newcomers 7:30pm Regular Meeting

Lake Worth **Step to Recovery**
THE SHOPPES OF ATLANTIS
Within Books and Cafe
5865 S Congress Ave, 33462
12:00 noon - 1:00 pm Regular Meeting

TUESDAY

The Twelve Steps

1. We admitted we were powerless over alcohol — that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we understood Him.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our consciences, contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these Steps, we tried to carry this message to others, and to practice these principles in all our affairs.

Anonymity

*Whom you see here,
What you hear here,
When you leave here,
Let it stay here.*

When anyone, anywhere, reaches out for help, let the hand of Al-Anon and Alateen always be there, and Let It Begin With Me.

The Twelve Traditions

1. Our common welfare should come first; personal progress for the greatest number depends upon unity.
2. For our group purpose there is but one authority — a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The relatives of alcoholics, when gathered together for mutual aid, may call themselves an Al-Anon Family Group, provided that, as a group, they have no other affiliation. The only requirement for membership is that there be a problem of alcoholism in a relative or friend.
4. Each group should be autonomous, except in matters affecting another group or Al-Anon or AA as a whole.
5. Each Al-Anon Family Group has but one purpose: to help families of alcoholics. We do this by practicing the Twelve Steps of AA ourselves, by encouraging and understanding our alcoholic relatives, and by welcoming and giving comfort to families of alcoholics.
6. Our Family Groups ought never to endorse, finance or lend our name to any outside enterprise, lest problems of money, property and prestige divert us from our primary spiritual aim. Although a separate entity, we should always co-operate with Alcoholics Anonymous.
7. Every group ought to be fully self-supporting, declining outside contributions.
8. Al-Anon Twelfth-Step work should remain forever non-professional, but our service centers may employ special workers.
9. Our groups, as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
10. The Al-Anon Family Groups have no opinion on outside issues; hence our name ought never be drawn into public controversy.

11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, films and TV. We need guard with special care the anonymity of all AA members.
12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles above personalities.

The Serenity Prayer

God, Grant me the

Serenity

to accept the things

I cannot change,

Courage

to change the

things I can, and

Wisdom

to know the difference

Take a member's phone number (or two, or three...)

All meetings listed here welcome Al-Anon members and prospective members; anyone who has been affected by someone else's drinking is welcome.

Only those meetings designated with the code 0 also welcome professionals and visitors seeking information about Al-Anon.

ARE YOU AFFECTED BY SOMEONE'S DRINKING?

AL-ANON & ALATEEN FAMILY GROUPS

The relatives of alcoholics, when gathered together for mutual aid may call themselves an Al-Anon Family Group, provided that, as a group, they have no other affiliation. The only requirement for membership is that there be a problem of alcoholism in a relative or friend.

WHERE & WHEN

Meeting Schedule

Dec 2017 - Feb 2018

District 170

Lake Worth to Boca Raton

561-278-3481

www.southpalmbeachafg.org

You Are Not Alone

**Worldwide Meetings:
Phone: 1-800-344-2666**